49TH CAFÉ 1020 1st Avenue Breakfast and Lunch, Daily -250-245-3221 Ladysmith

IN THE BEANTIME CAFÉ 18 High St Breakfast, Lunch, Mon-Sun -250-245-2305 Ladysmith

IRONWORKS CAFÉ & CREPERIE

422 Esplanade Ave Daily, Breakfast and Lunch 250-710-9441 Ladysmith

OLD TOWN BAKERY 510 First Avenue.

Mon-Sat Breakfast and Lunch -250-245-2531, Ladysmith

OYSTER BAY CAFÉ 610 Oyster Bay Rd LMS Dock Daily for Breakfast and Lunch - Seasonal. 250-924-2245, Ladysmith

Renees Soup and Sandwich 720 - First Avenue Mon-Sat, Breakfast and Lunch -250-245-4198 Ladysmith

Wild Poppy Bistro 541 First Avenue Tue-Sat, Breakfast and Lunch -250- 924-8696 Ladysmith

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.

Mon-Sat - Lunch and Dinner 250-245-0899, Ladysmith

COTTON CLUB Cottonwood Golf Course

1975 Haslam Rd, Breakfast, Lunch and Dinner. Daily 250-245-5142, Ladysmith

MAYA NORTE

18 Roberts Street, Ladysmith 250-924-1300 Closed on Tuesday Wed through Sat 5pm to ??

ROBERTS STREET PIZZA

20 Roberts St. Daily for Dinner. -250-245-1119, Ladysmith

SPICE HUT 510 Esplanade Ave/TCH, Corner of Gatacre.....-250- 924-8222Daily, Lunch and Dinner. Ladysmith Appetit - Food for Thought 534 First Avenue, Ladysmith Mon-Fri Breakfast and Lunch -250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday, Lunch & Dinner Phone: (250) 924-0324, Ladysmith

Country Kitchen -2930 TCH 250) 924-2500 Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

Dragon City Restaurant: 328 TCH Mon-Sun, Lunch and Dinner. - 250-245-8689 Ladysmith

Kaede Sushi 734 Esplanade Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

Mahle House Restaurant Corner of Cedar and Hemer Rd Wed-Sun, for Dinner -250-722-3621, Cedar

Mr. Teriyaki & Miss. Sushi 821 First Ave, Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

Sushi Wara 370 TCH. Daily, closed Tuesdays Lunch and Dinner. -250- 924-7001 Ladysmith

The Phoenix 112 High Street, Daily, for Dinner -250-245-3263, Ladysmith

Wigwam Restaurant 438 First Avenue,
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

Food on the Go A&W DINE IN AND DRIVE THRU

12615 TCH, Mon-Sun - 250-245-5213, Ladysmith

TRANSFER BEACH FOOD TRUCK CONCESSION

Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road, Sun-Thurs 10am-10pm Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

KFC Coronation Mall , Mon-Sun -250- 245-5525, Ladysmith

McDonald's Coronation Mall, 24h Everyday -250-245-7560, Ladysmith

Subway 740 TCH, Daily -250- 245-3133, Ladysmith

Tim Horton's 1115A First Avenue, 5am-11pm, Daily - 250-245-2303, Ladysmith

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IN THE BEANTIME CAFÉ 18 High St Breakfast, Lunch, Mon-Sun -250-245-2305 Ladysmith

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Mon-Sat Breakfast and Lunch -250-245-2531, Ladysmith

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Mon-Sat Breakfast and Lunch -250-245-2531, Ladysmith

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Restaurants

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Dairy Queen 365 Davis Road, Sun-Thurs 10am-10pm Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

KFC Coronation Mall , Mon-Sun -250- 245-5525, Ladysmith

McDonald's Coronation Mall, 24h Everyday -250-245-7560, Ladysmith

Subway 740 TCH, Daily -250- 245-3133, Ladysmith

Tim Horton's 1115A First Avenue, 5am-11pm, Daily - 250-245-2303, Ladysmith

49TH CAFÉ 1020 1st Avenue Breakfast and Lunch, Daily -250-245-3221 Ladysmith

IN THE BEANTIME CAFÉ 18 High St Breakfast, Lunch, Mon-Sun -250-245-2305 Ladysmith

IRONWORKS CAFÉ & CREPERIE

422 Esplanade Ave Daily, Breakfast and Lunch 250-710-9441 Ladysmith

OLD TOWN BAKERY 510 First Avenue.

Mon-Sat Breakfast and Lunch -250-245-2531, Ladysmith

OYSTER BAY CAFÉ 610 Oyster Bay Rd LMS Dock Daily for Breakfast and Lunch - Seasonal. 250-924-2245, Ladysmith

Renees Soup and Sandwich 720 - First Avenue Mon-Sat, Breakfast and Lunch -250-245-4198 Ladysmith

Wild Poppy Bistro 541 First Avenue Tue-Sat, Breakfast and Lunch -250- 924-8696 Ladysmith

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.

Mon-Sat - Lunch and Dinner 250-245-0899, Ladysmith

COTTON CLUB Cottonwood Golf Course

1975 Haslam Rd, Breakfast, Lunch and Dinner. Daily 250-245-5142, Ladysmith

MAYA NORTE

18 Roberts Street, Ladysmith 250-924-1300 Closed on Tuesday Wed through Sat 5pm to ??

ROBERTS STREET PIZZA

20 Roberts St. Daily for Dinner. -250-245-1119, Ladysmith

SPICE HUT 510 Esplanade Ave/TCH, Corner of Gatacre.....-250- 924-8222Daily, Lunch and Dinner. Ladysmith Appetit - Food for Thought 534 First Avenue, Ladysmith Mon-Fri Breakfast and Lunch -250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday, Lunch & Dinner Phone: (250) 924-0324, Ladysmith

Country Kitchen -2930 TCH 250) 924-2500 Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

Dragon City Restaurant: 328 TCH Mon-Sun, Lunch and Dinner. - 250-245-8689 Ladysmith

Kaede Sushi 734 Esplanade Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

Mahle House Restaurant Corner of Cedar and Hemer Rd Wed-Sun, for Dinner -250-722-3621, Cedar

Mr. Teriyaki & Miss. Sushi 821 First Ave, Mon-Sat, Lunch and Dinner - 250-924-2221, Ladysmith

Sushi Wara 370 TCH. Daily, closed Tuesdays Lunch and Dinner. -250- 924-7001 Ladysmith

The Phoenix 112 High Street, Daily, for Dinner -250-245-3263, Ladysmith

Wigwam Restaurant 438 First Avenue,
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

Food on the Go A&W DINE IN AND DRIVE THRU

12615 TCH, Mon-Sun - 250-245-5213, Ladysmith

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Sushi Wara 370 TCH. Daily, closed Tuesdays Lunch and Dinner. -250- 924-7001 Ladysmith

The Phoenix 112 High Street, Daily, for Dinner -250-245-3263, Ladysmith

Wigwam Restaurant 438 First Avenue,
Tues-Sat, Lunch and Dinner - 250-245-3433, Ladysmith

Food on the Go A&W DINE IN AND DRIVE THRU

12615 TCH, Mon-Sun - 250-245-5213, Ladysmith

TRANSFER BEACH FOOD TRUCK CONCESSION

Transfer Beach, Daily June to Sept 11am to 7pm

Dairy Queen 365 Davis Road, Sun-Thurs 10am-10pm Fri-Sat 10am-11pm - 250-245-3212, Ladysmith

KFC Coronation Mall , Mon-Sun -250- 245-5525, Ladysmith

McDonald's Coronation Mall, 24h Everyday -250-245-7560, Ladysmith

Subway 740 TCH, Daily -250- 245-3133, Ladysmith

Tim Horton's 1115A First Avenue, 5am-11pm, Daily - 250-245-2303, Ladysmith

49TH CAFÉ 1020 1st Avenue Breakfast and Lunch, Daily -250-245-3221 Ladysmith

IN THE BEANTIME CAFÉ 18 High St Breakfast, Lunch, Mon-Sun -250-245-2305 Ladysmith

IRONWORKS CAFÉ & CREPERIE

422 Esplanade Ave Daily, Breakfast and Lunch 250-710-9441 Ladysmith

OLD TOWN BAKERY 510 First Avenue.

Mon-Sat Breakfast and Lunch -250-245-2531, Ladysmith

OYSTER BAY CAFÉ 610 Oyster Bay Rd LMS Dock Daily for Breakfast and Lunch - Seasonal. 250-924-2245, Ladysmith

Renees Soup and Sandwich 720 - First Avenue Mon-Sat, Breakfast and Lunch -250-245-4198 Ladysmith

Wild Poppy Bistro 541 First Avenue Tue-Sat, Breakfast and Lunch -250- 924-8696 Ladysmith

Restaurants

BARNACLE BARNEY'S 341B 1st Ave.

Mon-Sat - Lunch and Dinner 250-245-0899, Ladysmith

COTTON CLUB Cottonwood Golf Course

1975 Haslam Rd, Breakfast, Lunch and Dinner. Daily 250-245-5142, Ladysmith

MAYA NORTE

18 Roberts Street, Ladysmith 250-924-1300 Closed on Tuesday Wed through Sat 5pm to ??

ROBERTS STREET PIZZA

20 Roberts St. Daily for Dinner. -250-245-1119, Ladysmith

SPICE HUT 510 Esplanade Ave/TCH, Corner of Gatacre.....-250- 924-8222Daily, Lunch and Dinner. Ladysmith Appetit - Food for Thought 534 First Avenue, Ladysmith Mon-Fri Breakfast and Lunch -250-924-1321,

Chakalaka Bar & Grill- 13230 TCH, Tues to Sunday, Lunch & Dinner Phone: (250) 924-0324, Ladysmith

Country Kitchen -2930 TCH 250) 924-2500 Tues-Sunday, Breakfast, Lunch, Dinner. Cassidy

Dragon City Restaurant: 328 TCH Mon-Sun, Lunch and Dinner. - 250-245-8689 Ladysmith

Kaede Sushi 734 Esplanade Mon-Sun, Lunch and Dinner - 250 924-1166, Ladysmith

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FOX & HOUNDS RESTAURANT PUB

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Cranberry Arms 1604 Cedar Road, Mon-Sun, Lunch and Dinner - 250-722-3112, Cedar

Crow & Gate Pub 2313 Yellow Point Road, Lunch and Dinner, 11am- 11pm, Daily -250-722-3731, Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue, Lunch and Dinner, 11am-12am, Daily -250-245-8033 Ladysmith

Timberland Pub 1680 Timberlands Road, Lunch and Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1st Ave, Daily (closed Sundays), Lunch and Dinner (250) 245-2749, Ladysmith

Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5, Sat 10-4, - 250-924-8486, Ladysmith

Roberts St. Ice Cream 20 Roberts St. seasonal hours are 1-9, Daily, Ladysmith

Grocery & Deli & Market 49TH PARALLEL GROCERY

1020 1st Avenue, 7:30am-9pm, Daily - 250-245-3221 Ladysmith

BOUMA MEAT MARKET

416 1st Avenue Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123 Mon-Sat, 9:30am -5:30pm, Ladysmith

Save on Foods (with Starbucks) 370 TCH 7am-10pm, Daily - 250-245-2033, Ladysmith

Cassidy Farm Market & Deli 3251 TCH 9am-8pm, Daily - 250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm, Daily - 250-246-4924, Chemainus

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Crow & Gate Pub 2313 Yellow Point Road, Lunch and Dinner, 11am- 11pm, Daily -250-722-3731, Cedar

Saltair Neighborhood Pub 10519 Knight Road, Lunch and Dinner, Daily - 250-246-4942, Saltair

Sportsman Pub 640 First Avenue, Lunch and Dinner, 11am-12am, Daily -250-245-8033 Ladysmith

Timberland Pub 1680 Timberlands Road, Lunch and Dinner, 9am-11pm, Daily -250- 245-0800, Cassidy

Wheatsheaf Hotel & Pub 1866 Cedar Road, Daily, Lunch and Dinner -250-722-2240, Cedar

Zacks Lounge 530 1st Ave, Daily (closed Sundays), Lunch and Dinner (250) 245-2749, Ladysmith

Ice Cream and Sweets

Mr. Poppers sweet Shoppe 32 High St. Tue-Fri 10-5, Sat 10-4, - 250-924-8486, Ladysmith

Roberts St. Ice Cream 20 Roberts St. seasonal hours are 1-9, Daily, Ladysmith

Grocery & Deli & Market 49TH PARALLEL GROCERY

1020 1st Avenue, 7:30am-9pm, Daily - 250-245-3221 Ladysmith

BOUMA MEAT MARKET

416 1st Avenue Mon-Sat 6am-6pm - 250-245-8131 Ladysmith

LADYSMITH HEALTH FOOD STORE

531 1st Ave. -250- 245-2123 Mon-Sat, 9:30am -5:30pm, Ladysmith

Save on Foods (with Starbucks) 370 TCH 7am-10pm, Daily - 250-245-2033, Ladysmith

Cassidy Farm Market & Deli 3251 TCH 9am-8pm, Daily - 250-245-7674, Ladysmith

Russell Farms Market 2711 Mt Sicker Rd, 8am-8pm, Daily - 250-246-4924, Chemainus

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